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How to Get My Ex Back



How To Get My Ex Back

A question that often haunts the minds of majority of people who go through relationship breakups is, 'how to get my ex back'. Probably, pre-mature break ups that result due to misunderstandings and 'not-some-genuine' reasons are commonly seen. Hope in love is something that never ends as long as you're attached to the person emotionally. This necessitates the need for a patch up. But break ups are devastating. They suck the life energy and bring in loads of frustration and tons of sorrow. Grief, pain, loneliness, helplessness – everything covers the soul, like a snail. However, as break ups in relationships are a reality, getting your ex back is not a mission impossible. But getting back together after a break up requires some deep thinking. In a humble attempt to answer your question, 'how to get my ex back', I present before you an article stating some simple truths about getting your partner back.

How to Get My Ex Back: Pitfalls to be Avoided

Spending countless number of waking hours in analyzing the question, 'how to get back my ex' will hardly do any good to you. If you're being melodramatic about the situation, it can be more painful. It's devastating to behave in a manner that is eventually going to hurt you more. So be realistic and don't again run for him/her like anything. Here are some pitfalls, some strict 'must-not-do' things that you must avoid.

- **Never even think of doing any of these things:** pleading, begging and pleasing. It lessens love, makes the situation very negative and he/she may feel that you are overly clingy. The degree and intensity of a patch up must be at least mutual, to some extent. Never beg and compromise yourself respect.
- **Don't expect too much.** Work positively but don't keep high hopes. Be prepared for 'what-if-not' situation.
- **Remember, the reason for the breakup.** It's the root cause that requires maximum attention, negotiation and elimination.
- **Don't chase your ex** if she/he is in another relationship or is married. You know, it's futile to get him/her that way. Don't welcome more pain for yourself. Extramarital affairs appear very adventurous but are equally destructive.
- **Never patch up if he/she took an advantage of you.**
- **If you were in an abusive relationship, don't even think of getting back.** Run and never turn back. Nothing remains to wait and modify.
- **Don't be with him/her**, if he/she promises to leave her wife/husband or even current boyfriend/girlfriend to patch up with you. You never know, when you will be ditched.
- **Don't force yourself and your partner to accept things.** Be very practical. Emotions and feelings must spring naturally, not after over analysis and rationalization.
- **Don't patch up on 'n' number of conditions that will again lead to more severe problems in future.** Once the problem is eliminated (that caused you to break up), be more acceptable. I don't understand why people put so many conditions on love. It makes the relationship appear like a complex problem, with no plausible solutions.

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- **Give your partner time to think but not to prolong decisions.** Tell him/her to be brutally honest. Love has to be there, else there's no point in getting back.
- **Don't get back only for physical bonding.** Need I say more?
- **Don't be obsessed with patch up.** Give it time to flow smoothly.
- **Don't text your partner and invite to meet you.** Call when you're sure he/she will receive your call. Don't email or send a card to meet you. Talking is always better!



How to Get Back My Ex: Basic Principles

You know 'what-not-to-do' in an endeavor to get the answer to the question, how to get my ex boyfriend back or how to get my ex girlfriend back. Go through what you must to do increase the probability of getting your partner back.

"I Really Want You Back"

Gauze in your mind. Shut down all other thoughts. Keep a calm and cool head. Is it the loneliness after your break up that triggers the question, 'how to get my ex back' or you miss your ex, seriously? Do you really want him/her? Is it mere the idea of love or to have a boyfriend or girlfriend that compels you to follow him/her? Is it anger, resentment, possessiveness that provokes you to get him back? Don't follow your partner for a patch up if love has disappeared.

"Look into My Eyes, Dreams You Will Find"

You both accepted each other as you were. Suddenly, some things popped up and you both or either one of you started having relationship issues. While it was an opportunity to make the bonds stronger, both of you may have messed it up and broke up. Is it so? When you both meet, do you both feel that 'urge-to-be-together'. Are resentments, anger and pain, for few moments lost? If these exist, then you still share the same dreams. Opportunity is there for a patch up, if you both speak your heart out and discuss issues. In another case, if you both are in love but practically it's not possible to patch up, it makes 'no-sense-to-return', then call it an end. Don't you think sometimes, some things are best left for time to decide?

"There is No Love, Like My Love"

A cordial invitation from you brought you both under the same roof to finally discuss your issues. Discuss it, to the core. Yeah, you know you're not going to get an opportunity again to talk. This is the time. Tell your partner about how you love her and miss all the time, more so, how you miss her presence. Discuss the breakup holding back each other with the bonds of love. Drop your egos, say it a bye for a while. Try to find a solution; some acceptable compromises are also welcome. If she or he broke up with you because of something very tangible like looks, behavior, possessive nature, jealousy etc., ask her to give you a chance. Yeah, you've got to ask her/him. If you broke up due to some other causes like family issues, career and 'lack-of-that-spark', then see if it can be sorted out. If the love in your eyes is so much evident, but you both can't be together due to some really complex problems, then friends, you've got to make a choice. Sometimes, you've got to make a decision irrespective of good or the bad, just to flow with life. So, If it doesn't work out, then do I need to tell you more? Just move on. You're a proud person. You got an opportunity to love someone dearly. Cheers! The next person you meet, probably is your Mr./Miss Right. Destiny has its own plans! We never know!

How to Get Your Ex Back: Simple But Effective Tips

If you're still wondering 'how to get back my ex', then you've got to be more aware about your personality and behavior, so that these things don't let him/her go away from you, this time.

- **Don't appear as if you're completely finished.** If you're friends after break up then maybe you'll get an opportunity to meet your partner. Dress smartly and appear poised. She or he may at least, get to know, you're still the same lovely, cutie or the handsome guy.
- **It's not a battle to be won.** Keep love above all things. It matters, in fact, it only matters.
- **Don't be jealous.** Remember, a little bit of jealousy may work wonders for you both, but keep that in control. You don't want to appear weak in front of him/her. Would you?
- **Don't show him/her signs of 'still-i'm-so-much-in-you-honey'.** Keep that distance as you've broken up. Come up with your thoughts. Don't submit to any argument you don't think is right for the patch up.
- **Try to make the discussion appear productive and keep your spirits up.** Cheerful face will help you both to discuss things in a better way.
- **Be what you're.** Don't pretend just to win your partner back. It's ridiculous.
- **Don't look desperate.** Let equations match from both sides.
- **Don't start talking about your new date** or his/her best friend or friends'

friend whom you're dating. You're not there to prove your 'dating aptitude'. You're there to communicate something very important, that is, you love that person and are finding practical ways to deal with the issue.

- **Talk about good times.** It's a treasure that you both have.
- **Don't ask your partner about his/her decision, after an hour or so.** It's very irritating. Give him/her sufficient time to ponder over the issue. Remember, if your partner wants to talk (in real sense), he/she will give you a call.
- **Don't overdo anything.** Keep everything grounded. Simplicity is the ultimate sophistication!

If you're here to get the answer of these two questions that - 'how to get my ex back when he's moved on' and 'how to get my ex back when she's moved on', I would only say, these are the two most difficult and must-not-attempt cases for getting your ex back. Why? Obviously, because when he/she has moved on, there's no point in false hopes of their comeback. Open your eyes widely, accept the facts and move on. There are numerous opportunities for you to be in a better and enriching healthy relationship, even if one or two didn't work out. Learning from every experience, no matter how bad it is, is the only choice we human beings have got. Don't you think, anyway that, *life is too short to be spend in fault finding, holding grudges or keeping memory of wrongs done to us..so forgive..even before forgiveness is asked.*"

This concludes my analysis on **how to get your ex back fast**. I would be obliged if it helps any of my readers. Have a great life ahead!

By **Kundan Pandey**

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